

HELLO

January

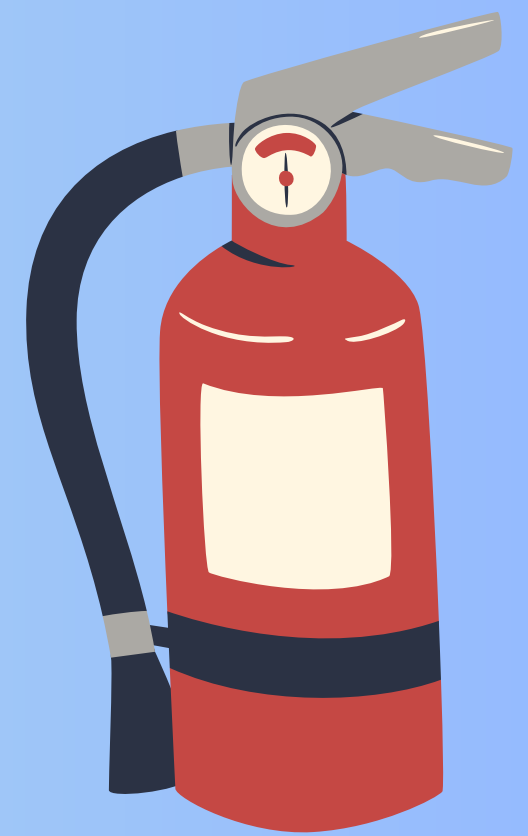
Wellness Focus Dry January or Veganuary?
Which will be your January focus?

Learning & Development

**Learn HSCNI Training Focus for January:
*Fire Safety Awareness-***

<https://learn.hscni.net/#/access/signin>

All staff are to have completed Fire Safety Awareness Training by the end of January 2024.



Prevention First Training-

All clinical staff to complete this training. (*Senior Mental Health Practitioners are not required to complete this training again*).



This is Verbal Intervention Training and is likely to take 1.5 - 2 hours. Crisis Prevention training is designed to help you identify, prevent, and de-escalate a crisis. Details of how to access the training will follow next week.

Important Dates

Blue Monday - *Monday 15th January 2024*

Health Assured - EAP app called **Wisdom**. Our employee code is MHA192107

Health Assured number - 0800 028 0199

The logo for Health Assured, featuring the words "health" and "assured" in a white, lowercase, sans-serif font, separated by a white smiley face icon. The logo is set against a teal rectangular background.

health _ assured

Parental Mental Health Day - *Saturday 27th January 2024*