

# March

## Wellness Focus

This March focus on one of the five ways we can be more active to improve our wellbeing. Which one will you focus on?



## Learn HSCNI Training Focus For March



### Manual Handling Awareness Training

<https://learn.hscni.net/#/access/signin>

All staff are to have completed Manual Handling training by the end of March 2024.

## Important Dates

**Employee Appreciation Day** - Friday 1st March 2024. We hope you enjoy your coffee on us today.



**International Women's Day** - Friday 8th March 2024

**International Day of Happiness** - Monday 20th March 2024