



health shield

The best of health

Looking after your health and wellbeing

Keeping you & your family, in the best of health

August 2021



About Health Shield

Friendly by name, friendly by nature



Proud past, exciting future

We started in 1877, helping railway workers keep their health on track and we've not stopped since.



Members are our friends too

We do our best to look after your money. As a not-for-profit friendly society, what we do is in the sole interests of our Members.



Health Cash Plans

Look after your wellbeing and claim back the costs of everyday healthcare



- ✓ Easy to set up and use
- ✓ No medical required
- ✓ Different levels of cover for different budgets
- ✓ Easy payment via payroll deduction
- ✓ MyWellness package included
- ✓ Children up to the age of 21 living at home studying full time are covered at no extra cost



Our Mission is to help people lead healthier,
happier, more productive lives.

So our services are designed with one aim in mind.
To help people stay in...

The best of health.



Dental and Optical



Dental

Spread the cost of dental treatment, from check ups to orthodontic treatments.



Dental Accident

Covers you in the case of an accident involving a direct blow to the head where your teeth are damaged.



Optical

Managing the costs of eye care, including eye tests, glasses and contact lenses.

Physical therapies and wellbeing



Chiropody

Claim back costs for professional foot care, so there's no need to suffer from painful or unsightly feet.



Combined Physiotherapy

Cashback for pain relieving physical treatments.



Health & Wellbeing

Money back for a range of wellbeing treatments including massage and reflexology.



Cash Plan

Money back towards everyday healthcare treatments







Benefits employees can claim for:

		LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
 Dental (incl. Check-ups, braces, whitening and more)	Per adult Per child	£65 £30	£90 £45	£120 £60	£175 £85	£230 £115
 Optical (incl. Prescription glasses, eye tests, contact lenses and more)	Per adult Per child	£65 £30	£90 £45	£120 £60	£175 £85	£230 £115
 Combined Physiotherapy (incl. Acupuncture, chiropractic, x-rays, osteopathy, homeopathy and more)	Per adult Per child	£170 £85	£200 £100	£315 £155	£425 £210	£565 £280
 Chiroprody	Per adult Per child	£65 £30	£90 £45	£120 £60	£175 £85	£230 £115
 Health & Wellbeing (incl. allergy testing, counselling, sports massage and more)	Per adult Per child	£85 £40	£100 £50	£140 £70	£195 £95	£250 £125
 Health Screening	Per adult Per child	£85 £40	£100 £50	£140 £70	£195 £95	£250 £125
 Specialist Consultation and Scanning (incl. CT scans, mammograms, colonoscopy, biopsy and more)	Per adult Per child	£200 £200	£220 £220	£260 £260	£300 £300	£400 £400
 Dental accident	Per adult Per child	£180 £90	£300 £150	£400 £200	£600 £300	£800 £400
 Personal Accident Protection	Per adult Per child	£5,000 £2,500	£5,000 £2,500	£5,000 £2,500	£5,000 £2,500	£5,000 £2,500

Perks



Additional Benefits

 GP Anytime	✓	✓	✓	✓	✓
 24/7 Counselling & support helpline	✓	✓	✓	✓	✓
 Health Assessments	✓	✓	✓	✓	✓
 Perks	✓	✓	✓	✓	✓
 SkinVision	✓	✓	✓	✓	✓
 My Gym Discounts	✓	✓	✓	✓	✓



Prestige level benefits

Additional benefits for top tiered members



Family Planning

Pays out for fertility or sterilisation treatment for you and your partner (if they are included on the policy) in a private clinic.



Critical Illness

Pays out a single lump sum if you're diagnosed with a serious illness, after a 13 week qualifying period.



Sickness and Accident

Your contributions covered (up to 12 months) if you are off work for more than 30 days due to sickness or injury.



Fitness and Exercise

Claim back up to £100 towards gym memberships, swimming lessons, exercise classes or personal trainer sessions.



Members' Area

- ✓ Make A Claim is a quick, simple, with a secure area to submit claims and upload receipts – more than 9 out of 10 valid online claims are paid within 2 working days*
- ✓ MyWellness brings together a range of products and services in a simple portal

The screenshot shows the 'health shield' website interface for making a claim. At the top right, there are links for 'Personal Profile', 'Get in Touch', and 'Log Out'. Below the logo, navigation tabs include 'MY PRODUCTS', 'COVER & CLAIMS', 'MAKE A CLAIM' (which is highlighted), and 'MY WELLNESS'. A progress bar at the top of the form area shows four steps: 'Check your Member Details', 'Step1: Claim Details', 'Step2: Upload Receipts', and 'Step3: Payment & Authorisation'. The main content area contains text explaining the claim process and a 'Before you start' section with a 'Read More' dropdown. Below this is a form titled 'Edit details below' with fields for 'Full name', 'Date of birth', 'Telephone number', 'Email address', 'Full Address', 'UK Bank account number', and 'Sort code'. A 'Start Claim' button is located at the bottom right of the form area. At the very bottom, there are two download links: 'Claim Form' and 'Accepted Qualifications'.

*Once Members receive notification of a claim payment, it can take 3-5 working days for the BACS transfer to show as a credit in their account

Any questions?

Join today with IMMEDIATE
BENEFIT 😊



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